



Gobierno de Reconciliación
y Unidad Nacional
El Pueblo, Presidente!

Ministerio
de Salud

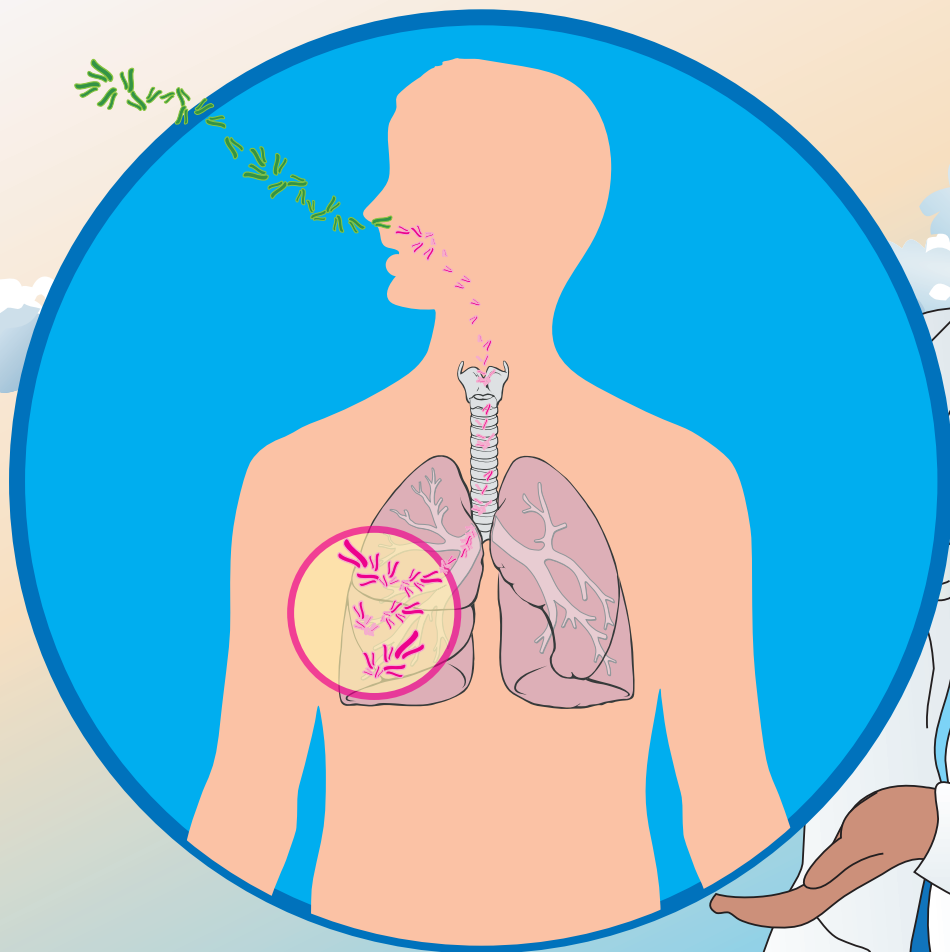
Pusa siknis ba... sipsa rawaia



Pusa siknis ba...
sipsa rawaia saika di ba wal

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Pusa siknis ba... sipsa rawaia

Pusa siknis ba yula kumi wal takisa uplara nanira, kau makisa bacilo koch, sipsa kainakahbaia saika di dang daukbia kaka rait pali nahki mai win ba kat pali. Naha sikniska ba kau pali upla pusara ambuk munisa, baku sin ai wina walara sin ambuk munaia ba wal sipsa ikaia upla nanira.

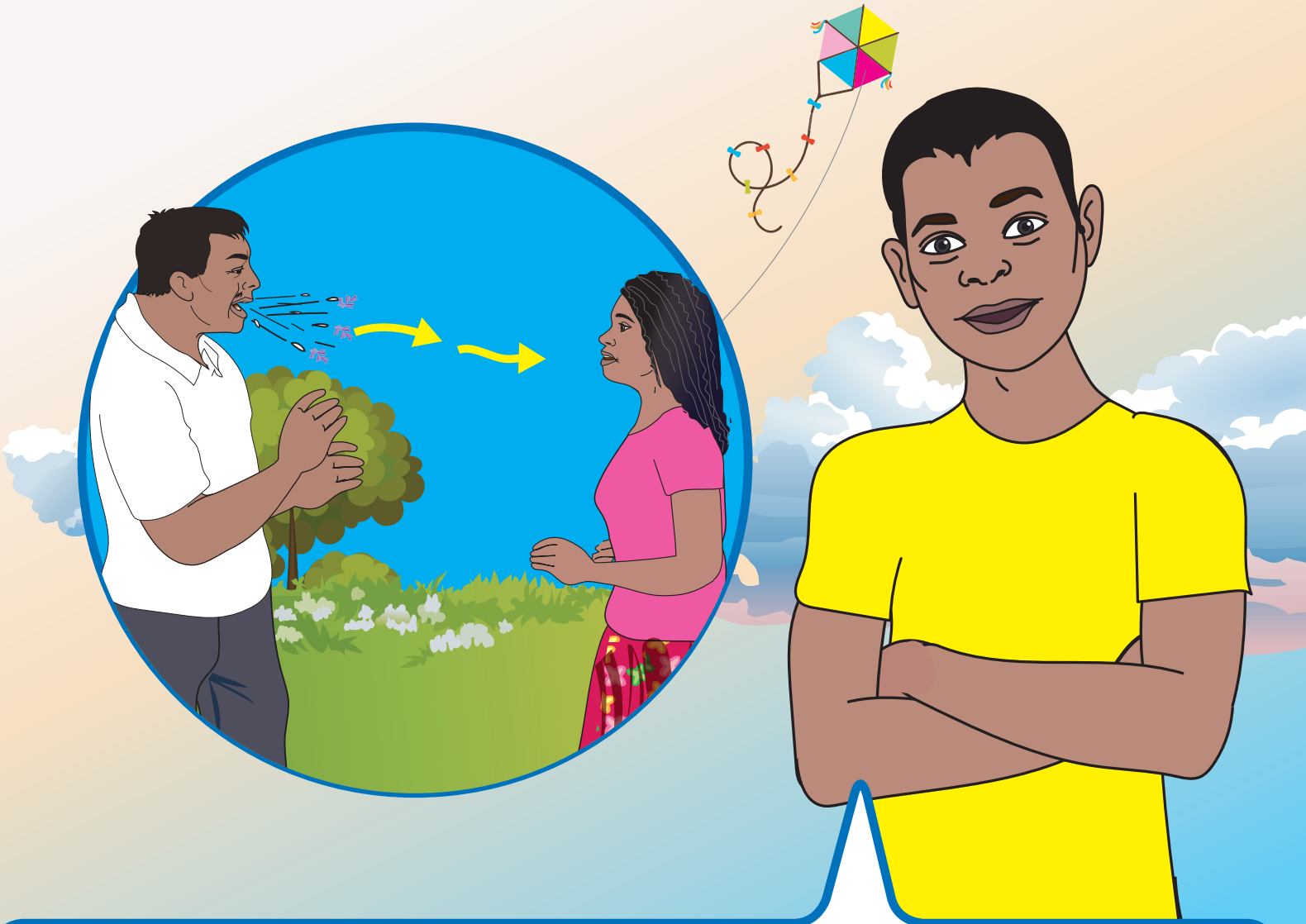


Pusa siknis nahki won dauki ba nû takaiasa

Rait pali pusa siknis mai dauki ba nah nani sa:

-  Pat yua 14 pura siahka wal kuhbisma kaka.
-  Rihka bara timia ra lamtika plapi kaka.
-  Plun pin mai daukras kaka.
-  Isti biawisa.
-  Suapi bara aiwina ba sip diera daukras muni kaka.

Naha pusa sikniska ba taki taim ra, sipsa tawa pali kati ailal palira, baku bamna upla manis pali aisisa tanka nû takras, nahki dauki ba bara aspitalra uba letra saika pliki doktor ra wi bangwisa.

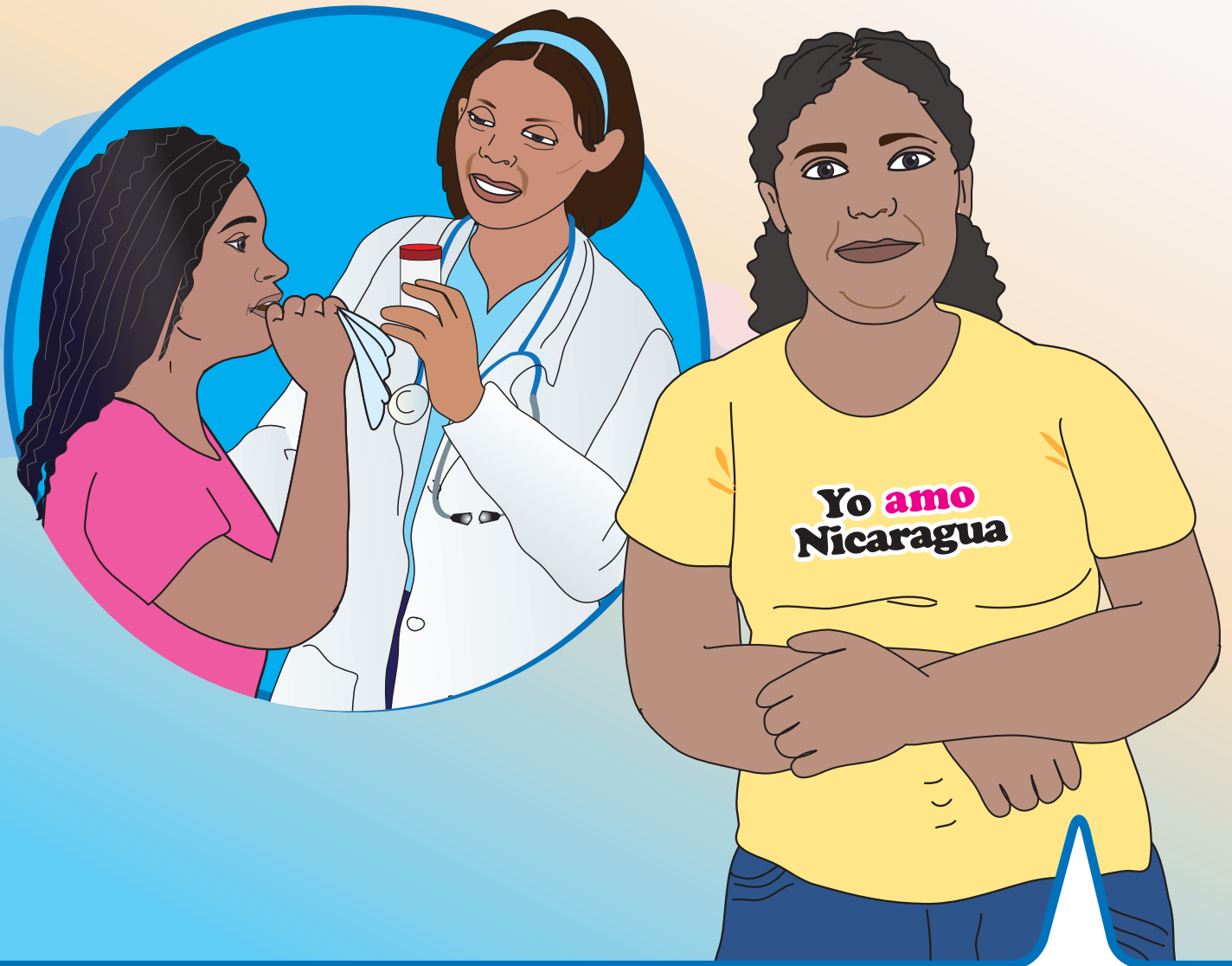


¿Nahki ra upla walara luwi ba pusa siknis kana?

Pusa siknis ba luiwisa upla an uplara yabala yuya sirpi pasara srikwi takaski ba ai kuhban bara trisam muni taim, yabal laya tuhbi ba wal upla lama siknis bri ba wal.

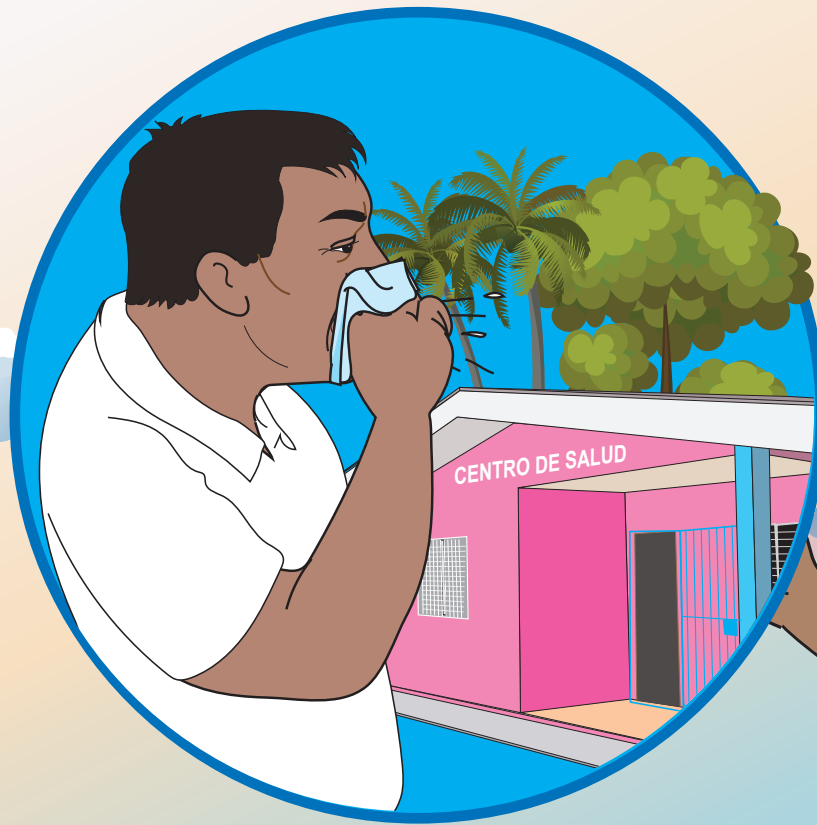
Upla kumi naha yabala nani pasa wina aubi ai pusara diman kaka sipisa witinra alkaia.

Upla sida ai talia sugar sikniska bri naniba kau pali lama sikniska briaia sipisa kan ai kaina dakbaia apusa, bara suap lupia.



Naha Siknis ka yula wal

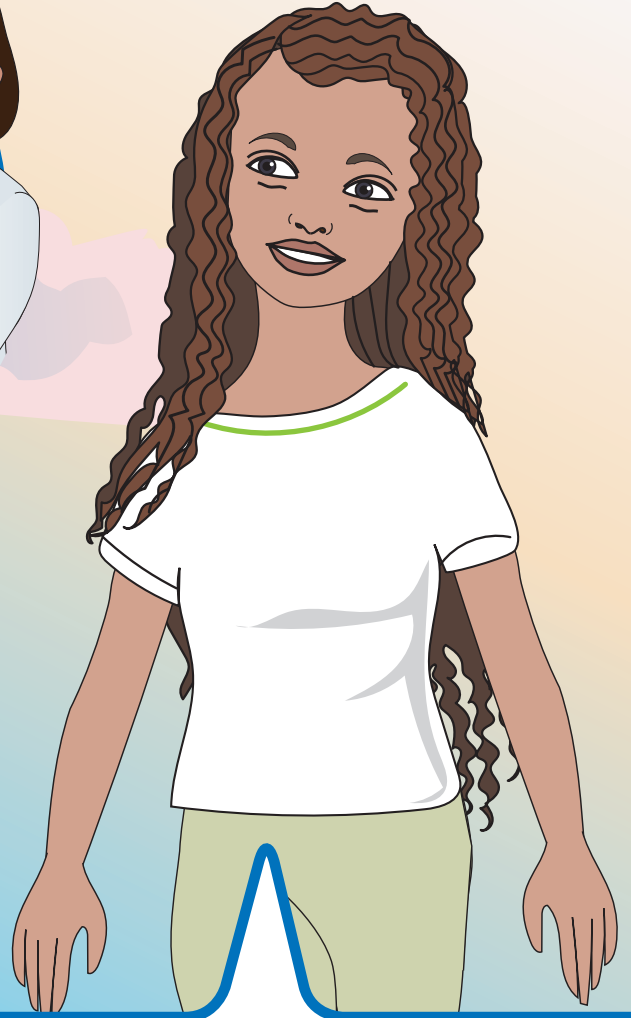
Aspital uplika kumi alki kaikaia wisi lakuya ba wal, kan lama siknis nani baku muni ba wal. Naha baciloscopía ba daukisa mana luha kira pali, naha tala ami kaikiba uplika nani buwi, SILAIS ministro ka buwi aspital tara bara sirpi nanira sin, baha ba alki kaikaiasa satka wal ra, yabal laya tuhban ka kum, bara yabala ai karma wina saki ba wal sin daukisa.



Yua 14 pura siahka wal kuhbi kaka




Upla kumi siahka wal yua 14 pura alki kaka ai winka puhbi pat sipisa kulkaia pusa sikniska alkuya, bamna siahka yua 14 luwi auya taim ba pat pusa siknis talia takisa.

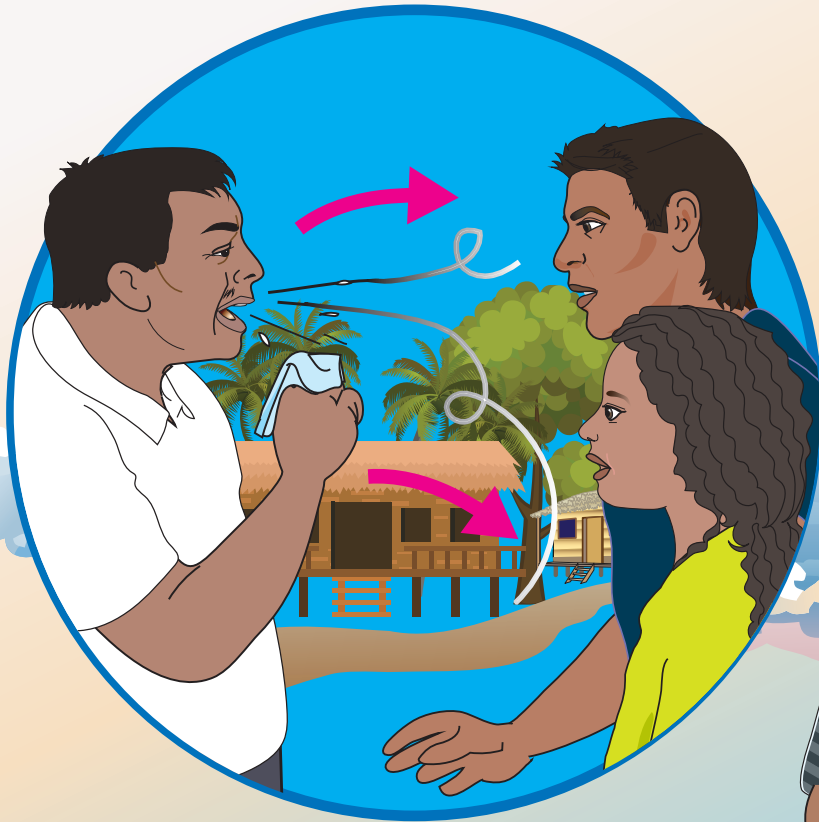
Rait pali pain kabia sa upla yua 14 pura alki ba siahka wal kuhbi uplika ba, witin yakan lukbia pat pusa siknis alki baku, bara aspital ra isti pali wabia daktar painkira nani ba buwi laki kaikbia wisi.



Pusa siknis isti nû takan taim





Upla sikniska kau wina pali nû takanka ai wingka puhbi wal ba:

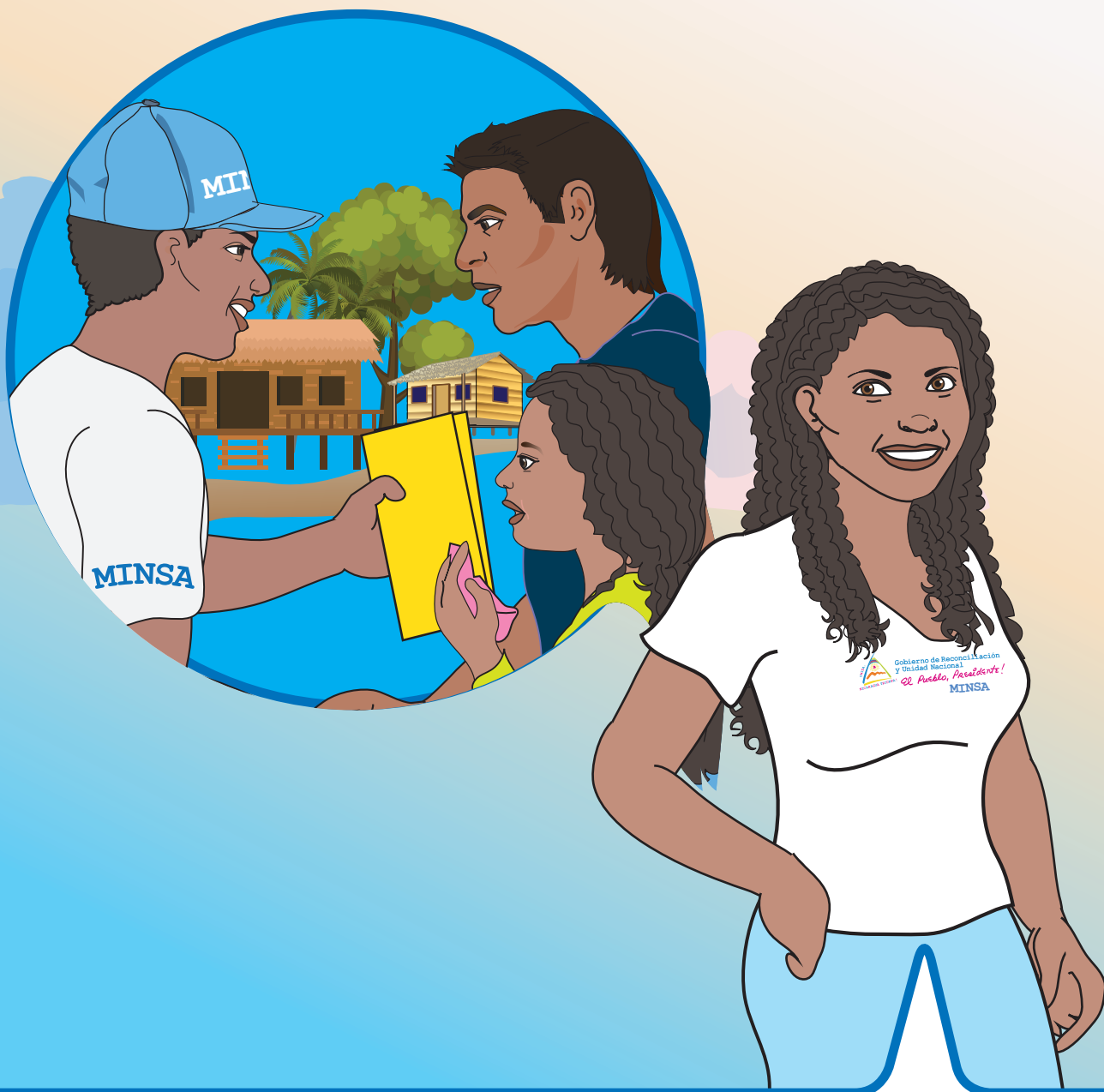
-  Sikniska kan (KAU) taibras bara nu takaya.
-  Pusa siknis ba kankahbaia sa upla walara kau alkras kainara.
-  Sikniska ba kaU taibras bara saika diaya.



Nû takras kabia kaka, sipisa upla walara naha siknis luwi alkaia

Yawon upla nanira kauni nû takaras ai sikniska ba ai winka puhbi wal laki kaikras kaka naha na sipisa:

-  Pusa siknis uplika nani ba kau ailal takras bara.
-  Tawan naira ailal pali drawisa apia kaka luwisa sahwise ba.
-  Tawon uplikara, famali, panika nani ra sipisa alkaia siknis kana.
-  Upla pusa siknis briba sipisa upla wala lamara kabia kaka naha nani sin alkaia 10 wina 15 kat mani kumi bilara.



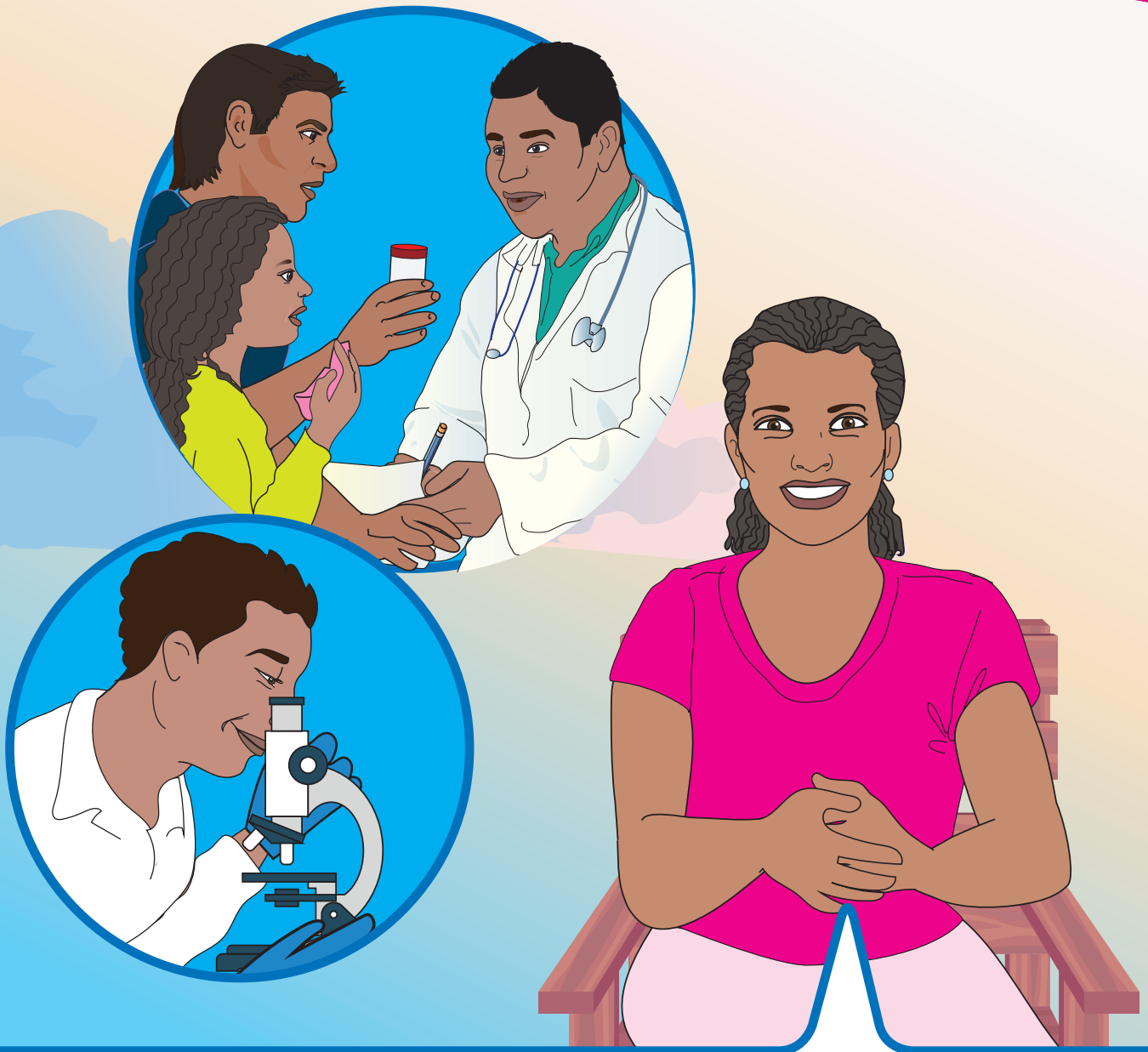
Winka aubira pat pat laki kaikaiasa nû takaia kaka

Salud promotor ka bara tawan uplika ba aslah takanka sipsa ai watska kaiasa ai winka puhbi ba suapni baku kaka tawan wina maka blikaiasa aspital kumira lama siknis ka alki kaikaiasa dukiara.



Siknis kaina suni daknika utla bânira wih kaikisa

Baku natkara siknis kaina suni daknika ba plikaya sa upla siahka kuhbi, winka kunhku bri nanira. Naha uuplika wina tara main kaiki auya piura sikniska ba laiki kaikan kabia.



Siknis ka yula ba wal laki kaikaiasa

Ani uplika siahka wal auya taim aspiatal ra baciloscofia ba daukaia sa uba kuhbi kaka, daktar ba painkira laki kaikaiasa siknis uplikara, ba wina alki kaikanka kaiki dia muni ba kler takuya wal sipsa siknis ba latan kai kaya.

Pusa siknis ba rait takuya taim, daktar bui wisa maka isti pali tâ krikaiasa saika nani ba yusmunaia, baku sin alki kaikanka ba rait apia kaka daktar bui sumalkan kabia nahki witin ai wina main kaikaia ba.



Pusa siknis ba sipsa rawaya saika dibia kaka

Tawon uplika nani lukankara lika, ban barasa lama siknis ba siknis kumi sip rauras bara baku sin upla manis pali lukisa baha sikniska ba, pat tiwan naha wina baha lukaia apiasa.

Pusa siknis ba kau wina nû takanka ba sanska painkira sa sipsa maka pali saika yarka naha siknis ba wina pain takaia, baku sin, upla walara alkbiara sia kankahbisa, kau wina.

Salud lalkatara buwi saika yaban kabia upla pusa siknis bri bara, mana luha kira upla wina pain takbiara dukira.



Salud uplika saika naniba yabisa

Salud uplika kumi yabisa saika nani bara pura sin kaikisa di uplika nanira, salud promotorka naniba, baku sika yu bâni ai saika di kabia dukiara yula kahbaia, bara natka ba kat pali. Naha na saika wal pain pali ai sikniska wira rawaia lukisa kaka baku sin witin nanira nahki ai saika di ba wina suiras pali, baku maka pali pusa siknis ba apu daukakaia sa.

Baku sin doktor buwi upla lama siknis wina pri wiaia ba 6 mont praiska luwayasa ai saika di ba wina alki kaikan 3 (yumpa ba) siknis apu takaia sa alki kaikanka kumira, naha 4 mont las nanira ai saika di kan puwara.



Maka pali tâ krikaia sa ai saika diaia sa

Maka pali tâ krikaia sa ai saika diaia sa, isti pali upla ai pusa sikniska nû takuia ba wal, kasak pali lukaiasa naha sikniskana sipsa rawaia, rait pali ai saika di danh takuya baha natka nani ailal sa ai familika nani buwin helpmunan kaka sipsa baku alkaiasa



Rait pali pura kaiki kaka saika wal sipsa kaina was kaia (TAES)

Naha baciloscopía ba daukan taim rait takuya kaka apia kaka natka wala wal dauki nû takankaka upla ba pusa siknis bri kaka witin istikira ai saika diaiasa kasak pali pura kai kira kasak pali (TAES) naha sika rait pali peisant yabisa upla siknis naira.

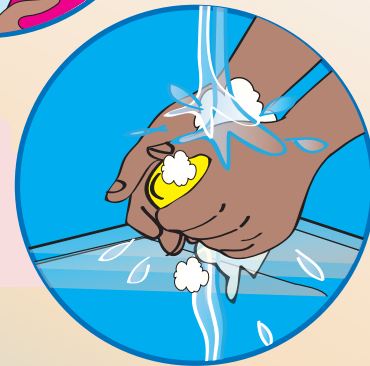
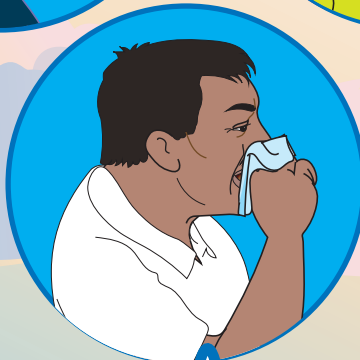
Saika di dan daukras kaka sipsa isti witin druaya. Upla manis pali wira bitar ai dara walan taim pat lulki suisuya ai saika kataba. Aihkika ba witin ai sikniska bukisa bara isi apia kabia rawaia kan pat Saura pali munbiasa ai wira bara saika nani ba yamni help yabia apiasa.



Saika ba natka kat pali di dan daukaia sa







Naha TAES, kasak pali alki takaskisa bara yarka upla pusa siknis uplika ba ai saika di dan daukaia ba, daktar bui nahki win ba kat pali dauki kabiasa bara ai taimka sin kat pali wayasa.

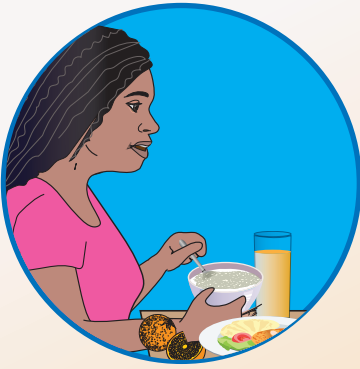
Upla pusa siknis bri nani ba ai saika aitani kat briaiasa, witn nani rawaya dukiara, kan sin sip apiasa lustiwaia apiasa baku sin saika diaia want apia wibiara baha ba sipsa ai wina saura takaia, ai sikniska ba witinra, baku lika sipsa sikniska upla walara yarka alkras kabia sika, pamali kam bilra, panikam, bara tawan kam bilara sin.



Pusa siknis upla walara luwaya apia kankahbaia sipsa






Ai pleska ba sin help munisa kankahbaia ai wina ra sin, bara baku lika, kankahbisa naha sikniska kau upla walra albia apia sa. Pusa siknis bri uplika ba upla saunra yarka luwisa. Naha natka kankahbanka lika naha nani sa:

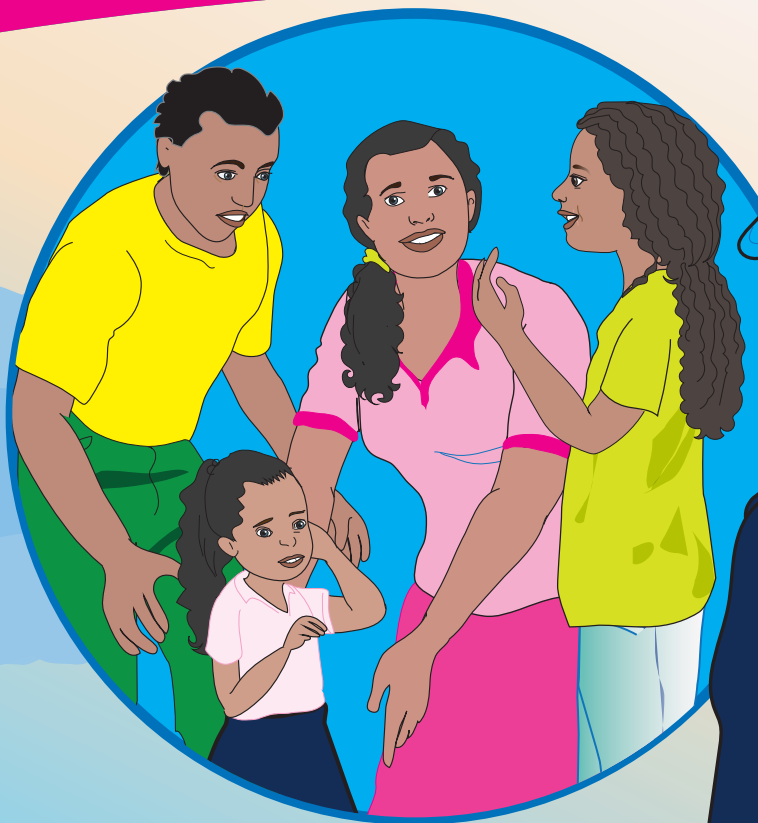
-  Saika ba yu bânira di kaiasa danh daukaya kat painkira pali.
-  Nitsa yusmunaia maskarit ai bila bara kakmara prakaiia dukiara.
-  Ai pleska ba pasa pain pali dimi kaisa.
-  Tasbara yabal laya tuhbaia apia.
-  Ai bila prakaiasa pamali kam bara kuhbaiara sin.
-  Ai mihtara li wihki sup wal sihbaia sa.



Ai rayaka satka ba

Upla ai pusa siknis bri wina rawaia kaka naha nani daukaiasa:

-  Ai pata ba yamni pali pi kaia ba.
-  Plun piayasa pain pali uya pali pura luwa apiasa.
-  Wan wina ra praktis naniba daukaiasa.
-  Sipsa yawan 8 auar yu bânira.
-  Painkira wan wina main kaikaiasa.



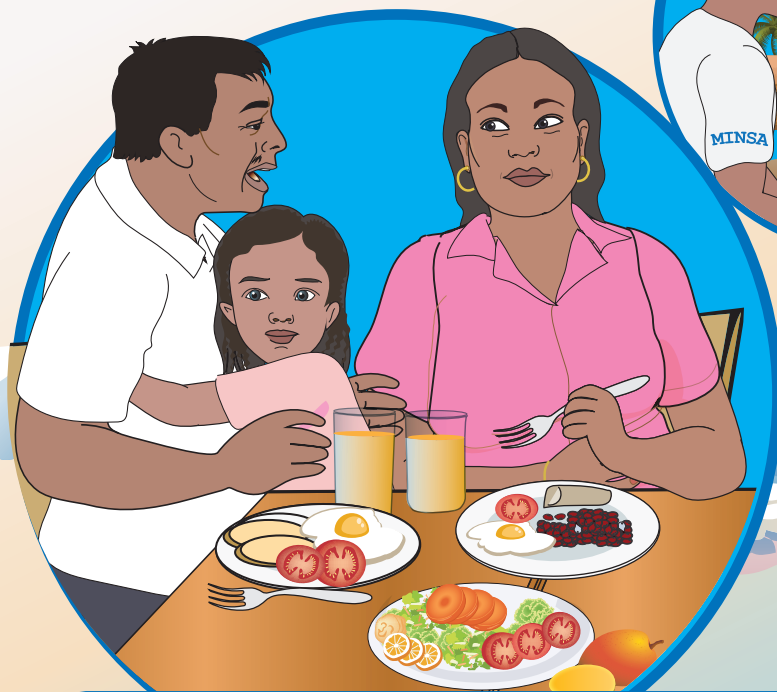
Saitra lakaia sa uya kulkras nani ba bara taski kulki ba sin

Taski kulki ba

Yawan upla siknis ra taski kulki ba bara wan sinska nani ba, bara kulkisa tawan upli ka nani ba aiska baku ai sikniska ba apia kaka pamalika nani ba sin.

Mayara kulki yaba

Wan wina kulkan laka ba sakuna naha lika mayara lukanka ba lika wan daukanka nanira sip alki takaskras ba wan lukanka bak taki aulasa naha na bara kulki ba sin. Mayara kulki upla nanira kulkanka yaras bamna ai raitka nanira sin wark pliska nanira bara lâ luwi kira ai raitka nanira ai sanska naina ba sin.



Kulkanka bahwi wihki diara rait ba naha **pusa siknis** ba dukiara

KULKANKA BAHKI

Upla walara alki blaki ba wal, kia wali apia kaka upla siknis ra ai mihta ni alki ba wal sikniska ba luisa siknis apuwina.

Upla pusa siknis ba ai pamalika an ai panika nani wina laura kaiasa.

Upla pusa sikniska cloro ai pletka ra sikbaia apiakaka plet pih lulkaia nani ba yusmunaia.

DIARA RAIT BA

Naha sikniska upla walara luras alki blaki ba wal, kiawali apiakaka ai mihta alki ba wal sin.

Upla pusa siknis bri ba ai pamalika wina laiura kaia apia sa. Ai familika an ia panika nani helpka wal sipsa ai saika di dan daukaia help munanka painkira ba wal.

Nit apiasa ai pletka cloro wal tuskaia an sin yusmunaia apia sa pih lulkaia plet ka wal. Sipsa sikbaya sup wihki li wal wan pamali wal ai pletka tuski ba wal asla pali.



Kulkanka bahwi wihki diara rait ba naha **pusa siknis ba dukiara**

KULKANKA BAHKI

Pusa siknis bri nani ba ai kualka nani ra yula dimi yukuwisa baku bamna sipsa kualka naniba saitra saki yauhbaia.

Mairin kuihra kumi sip apiasa pusa siknis saika brih diaia.

DIARA RAIT BA

Pusa siknis yula ba kaula ra dimi takaskras baku bamna kual ba wal sip upla walara luras pusa yula ba.

Nit apiasa ankaia, saitra saki yauhbaia sin apiasa.

Mairin kuihra kumi, kauni pain sa pusa siknis saika diaia, daktar bui dia win ba kat pali di kaia.

Pusa siknis bri si saika diras kaka kau saura ia wina mapara yapti baku an sin bibi aisubi takan ra sin takisa.



Helpka laka asla taki daukiba

Lukanka aslah pali yawon iwi nanira daknira daukaiasa famali baku, apia kaka tawon uplika baku, baku natkara yawon aslah kaiara iwaya dukiara bara aslah bûwaya an aslah kaiara won trabil kaba ani ani kabia sin.

Pusa siknis bri uplika nanira, sipisa mayara iwaya sipisa baha sikniska nani ba kuna famalika nani ba bara tawon uplika nani buwi karna taki aslah bara kupia kumi laka ni wark daukbia kaka, sipisa naha sikniska na pura luwaya.



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Dakni buwi help munania ba

Upla ai pusa sikniska nani ba, famalika, ai panika naniba an tawonka uplika buwi kupia bukaiasa witin ai saika ra dibiara help munaya wisi yula kahbi kaiasa ai warka dauki ba sut kira ra naku natkara sipkabia sikniska kava wala lubia apia dukiara painkira ba.

