







Pusa siknis upla wala ra luwiba kankahbaia sipsa:

-  Yu bânira saika di dan daukaia.
-  Ai bila wihki kakma ra maskarit kumi yumunaiasa.
-  Ai pleska ba pasa dimi pleska kaiasa siknis kira iwi bara.
-  Tasbara yabala tuhbaia apiasa.
-  Kuhbaia an trisamkaia taim ai bila praki daukaia sa.
-  wan mihta sup wihki li wal sikbaia sa.



Kulkanka bahwi wihki diara rait ba naha pusa siknis ba dukiara

KULKANKA BAHKI

Upla walara alki blaki ba wal, kia wali apia kaka upla siknis ra ai mihta ni alki ba wal sikniska ba luisa siknis apuwina.

Upla pusa siknis ba ai pamalika an ai panika nani wina laura kaiasa.

Upla pusa sikniska cloro ai pletka ra sikbaia apiakaka plet pih lulkaia nani ba yusmunaiasa.

Pusa siknis bri nani ba ai kualka nani ra yula dimi yukuwisa baku bamna sipsa kualka naniba saitra saki yauhbaia.

Mairin kuihra kumi sip apiasa pusa siknis saika barih diaia.

DIARA RAIT BA

Naha sikniska upla walara luras alki blaki ba wal, kiawali apiakaka ai mihta alki ba wal sin.

Upla pusa siknis bri ba ai pamilika wina laiura kaia apia sa. Ai familika an ia panika nani helpka wal sipsa ai saika di dan daukaia help munanka painkira ba wal.

Nit apiasa ai pletka cloro wal tuskaia an sin yusmunaiasa apia sa pih lulkaia plet ka wal.

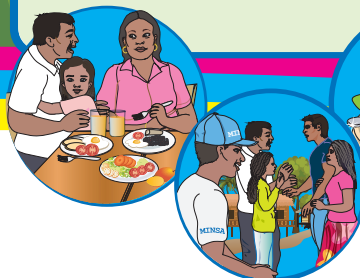
Sipsa sikbaya sup wihki li wal wan pamali wal ai pletka tuski ba wal asla pali.

Pusa siknis yula ba kaula ra dimi takaskras baku bamna kualka ba wal sip upla walara luras pusa yula ba.

Nit apiasa ankaia, saitra saki yauhbaia sin apiasa.

Mairin kuihra kumi, kauni pain sa pusa siknis saika diaia, doktor bui dia win ba kat pali di kaia.

Pusa siknis bri si saika diras kaka kau saura ia wina mapara yapti baku an sin bibi aisubi takan ra sin takisa.

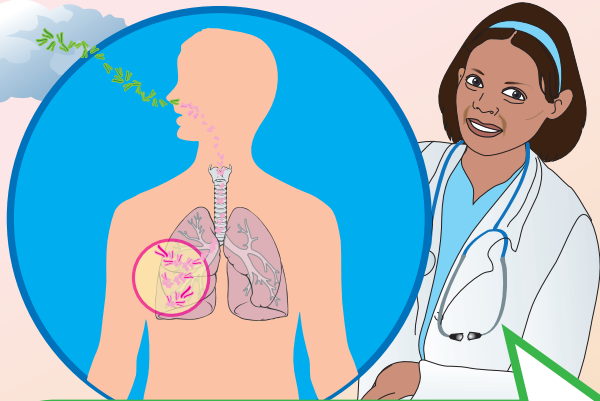


Pusa siknis ba store bahki apia... sipsa rawaya saika wal








Pusa siknis ba... sipsa rawaya saika di ba wal

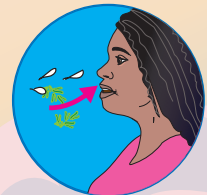
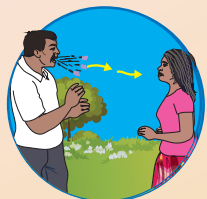
Pusa siknis ba... sipsa rawaia



Lama siknis ba yula kumi wal alkisa baha ba bacilo koch makisa, kuna sipsa kaina dakbaia bara rakaia sin saika wal di pain alkan kaka rawaia sa.

Pusa siknis ba nahki wan muni ba

-  Siahka yua 14 pura pali kuhbisa
-  Rihka wihki laptika takisa tihmia bñni ra.
-  Plun sin brin daukaras sa
-  Biawisa ai wina ba
-  Suapni takisa bara ai wina diera daukaia sin want apia munisa

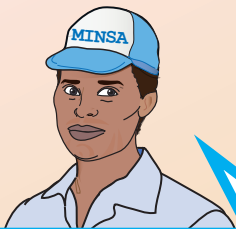


Diabetes






VIH

TB






¿Nahki pusa siknis ba luwisa upla walara?

-  Upla pusa siknis bri uplika kuhbi pyuwa ra, trisankiba ra yalabala nani taki an yabalaya tuhbi ba wal sipsa luwaia.
-  Upla saun pali baha yabala pasa wina ai wingka aubi ba wina.
-  Upla sida ai talia sugar sikniska bri naniba kau pali pusa sikniska briaia sipsa kan ai kaina dakbaia apusa, bara suap lupia.

Yua 14 siahka wal luwi tayam

Upla siahka wal 14 dis luan ra mahka pali aspital ra waiasa isti pali kan sipsa pusa sikniska bri kaia.

Kauni kaikaia kaka wan sikniska ba:

-  Isti alki turbi kaikanka kum daukaia sa siknis ba dukiara.
-  Lama siknis kaina dakbisa upla walara luwa apia dukiara.
-  Sans painkira sa saika din kaia baha sikniska kau aiwina ra sauhkras kainara.

Rait pali pura kaiki kaka saika wal sipsa kaina kankahbaia (TAES) ispail bilara kaka

Rait iste nû takan kaka saika yabaiasa bara sip palisa rawaia lama siknis wina.

Naha ministerio salud buwi upla siknis ra saika sut pali yabisa prisant pali kira ni raubia ba dukira.

Salud uplika kumi yabisa saika nani bara pura sin kaikisa di uplika nanira, salud promotorka naniba, baku sika yu bñni ia saika di kabia dukiara yula kahbaia, bara natka ba kat pali.

